Becoming a Trauma-Informed Agency

What you, your agency and your community can do to foster resilience for all

> A Virtual Training for San Luis Obispo County **Agency Leaders**



May 17 & 19, 2022 10:00 am - noon (2-part series)

The pandemic has dramatically increased mental health concerns for clients and burnout for staff. More and more agencies are seeking to increase their capacity to mitigate trauma for staff and clients, especially for underserved populations.

This 2-part virtual training will increase leaders' knowledge of what trauma-informed looks like in concept and practice at the individual, agency and community level.

The training will include:

- What does trauma-informed mean?
- How the past two years influenced staff capacity
- A trauma-informed playbook for staff support, recruitment and retention
- Practical and concrete strategies for organizations of any size and function
- What a collective commitment to traumainformed interactions can mean

Ongoing support: drop-in "Lunch and Learn" discussion sessions with the trainer will be available monthly to catalyze your implementation of strategies discussed during the training.

Intended audience: Non-profit and government leaders, including executive directors/CEOs, HR directors, and department managers.

Presenter: Tim Grove, Wellpoint Care Network, Senior Trauma-Informed Care Trainer



Registration is free and space is limited. Register today: https://conta.cc/3LlvXhu

Questions?

Becca Carsel, becca@carselgroup.com, 805-674-0776 First 5 SLO County Health Access Training Project

With thanks to our funder. The County of San Luis Obispo Public Health Department





Transforming Systems Through Trauma-Informed Care Training

About Wellpoint Care Network

Wellpoint Care Network assists in removing obstacles related to significant trauma histories in children, youth and families. Wellpoint's experience spans decades and has included case management, youth residential treatment, family preservation, training and mental health services. By assisting people in their care on their healing journeys, Wellpoint has acquired substantial direct practice experience and has established a proven Trauma Informed Care practice and culture.

Wellpoint trainers and consultants average over 20 years of experience in direct care and practice. Their team knows the science, as well as the practical implications of Trauma Informed Care and how to put theory into action.



About Your Trainer

Tim Grove has 25 years of professional experience in a variety of direct care and administrative positions, including In-Home Services, Foster Care, Treatment Foster Care, Residential Treatment, Child Welfare, Community-Based Services, Quality Improvement and Staff Development.

As the senior leader of Trauma Informed Care (TIC) initiatives across all organizational programs, he is responsible for implementing Wellpoint Care Network's TIC philosophy and practices, including Dr. Bruce Perry's Neurosequential Model of Therapeutics (NMT).









Continue the conversation: Join the monthly drop-in "Lunch and Learn" discussion sessions with Tim Grove, for ongoing support (for participants only).

Questions?
Contact Becca Carsel
becca@carselgroup.com, 805-674-0776
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